

## **TCA (Trichloroacetic acid) CROSS TECHNIQUE TREATMENTS**

Dermatologists have been using peeling agents for the last 50 years to improve the appearance of the skin.

The TCA cross technique is used to help improve deep acne scars.

### **Day of Treatment:**

Dr. Pena will review with you what areas are of most concern. The TCA is applied to focal areas with an applicator. During the procedure, most patients experience little to no discomfort. A warm to somewhat hot sensation may occur and will last about five to ten minutes followed by a stinging sensation.

### **What should be expected after treatment?**

After the TCA treatment, you will notice white spots where the TCA was applied. The white spots will crust and fall off over 5-10 days. The area may appear pink and this discoloration can last for weeks to several months.

### **What are the possible complications?**

In certain skin types, there is a risk of developing a temporary or permanent color change in the skin. Taking birth control pills, pregnancy, or a family history of brownish discoloration on the face may increase the possibility of developing abnormal pigmentation.

There is a small incidence of reactivation of fever blisters in patients with herpes. This problem is treated with medication prescribed by Dr. Pena.

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